

Radiogram No. 5434u

Form 24 for 03.28.03

**Progress Deorbit Stowage**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:55	FE-1	Prep for work
07:30–08:00	CDR, FE-2	Prep for work
07:55–08:00	FE-1	PLANTS-2: payload status check
08:00–08:15		Daily planning conference ( <i>S-band</i> )
08:15–08:55	FE-2	Maintenance of COЖ
08:30–08:45	CDR	CWC audit
08:40–08:55	FE-1	Laptop 3 config
08:55–10:05		RELAKSATSIYA: Moon/star calibration
10:05–10:20		Laptop 3 deconfig
10:20–10:35		ИП-1 sensor installation check
10:35–10:55		IMS voice tagup ( <i>S-band</i> )
10:40–11:00	CDR	Water sample analysis ( $T_0+2$ days)
10:55–11:00	FE-1	Inspection of БРПК separator
11:00–12:30	FE-2	Physical exercise (RED)
11:00–12:30	FE-1	Physical exercise (TVIS)
11:00–11:20	CDR	File transfer to MEC
11:20–11:30		H/w stowage
11:30–12:00		Portable Fire Extinguisher (PFE) inspection
12:00–12:30		Portable Breathing Apparatus (PBA) inspection
12:30–13:30		LUNCH
13:30–13:45	FE-2	Food questionnaire
13:30–13:40	CDR	US LAB Payload status check
13:50–14:50		ISS fire response drill
14:50–16:50	FE-1, FE-2	Progress M-47 deorbit stowage (w/ IMS support). Recording of stowage ops on US DVCAM
15:00–16:30	CDR	Physical exercise (RED)
16:30–16:45		Food questionnaire
16:45–17:15		Transfer of HRM files to MEC
17:05–17:35	FE-1, FE-2 (assist)	Study of bioelectrical activity of heart at rest ( $T_0=17:23$ )
17:15–17:55	CDR	Transfer of TVIS/RED/CVIS files to MEC
17:35–18:35	FE-1	Physical exercise (VELO + Load Trainer-1)
17:35–18:15	FE-2	IMS file prep
17:55–18:15	CDR	Deletion of HRM files
18:15–18:25		EXPRESS Rack 2: ARIS guide removal
18:35–18:50		Daily planning conference ( <i>S-band</i> )

18:50–19:10		FD/ISS crew conference ( <i>S-band</i> )
19:10–19:30		Daily plan review
19:30–20:00		DINNER
20:00–20:10	FE-2	Daily food prep
20:00–20:30	CDR, FE-1	
20:10–20:25	FE-2	Private family conference ( <i>S-band</i> )
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

**NOTE:** See OSTP for references to US procedures

End of radiogram